
bast

User Manual

Carefully read the safety information and instruction in this manual before mounting and using the sauna tent. Scan the QR code or visit bastauna.com/instruktioner for videos and more instructions



Website: bastauna.com



Instagram: [bast_sauna](https://www.instagram.com/bast_sauna)

IMPORTANT

You are this stove's first happy customer. That means this stove has not been used before and comes straight from manufacturing. You must therefore burn off the stove before using it the first time. This has to be done outside of the tent and preferably at least a couple of hours before your first real sauna session. Burning off the stove before the first usage will burn off any chemicals used during the manufacturing process.

How to burn off the stove:

1. Attach the heat shields using the screws and the allen key. The four screws are already attached to the body.
 2. Open the hatch and remove all chimney parts from inside the body of the stove. Unfold the stove's four legs and place it on a stable and flat surface. Remember to place the stove outdoors and outside of the tent.
 3. Take all the chimney pieces and mount them together. Then mount it on the stove. Make sure the chimney part that has an air valve is mounted as the first part on the stove. Press down firmly ensuring that the chimney is tightly secured on the stove.
 4. Rotate the air vent for maximum airflow, then light a fire and close the hatch. Ensure proper safety precautions when lighting the fire, especially during dry conditions. If there is a lot of smoke coming from the chimney, the air valve is open.
 5. Burn intensely for 2 hours to burn off the stove properly.
 6. When the chemicals have burned off and there is no longer any smoke coming from the body of the stove, the burn off is complete!
 7. NOTE If the tent fills with smoke when you use the sauna for the first time, the burning is not complete.
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MOUNTING OF TENT

1. Start by lifting the tent out of the bag and make sure that all the metal washers are facing the same way, and that there is no fabric covering them.
 2. Place the tent with the metal washers on the ground, making the tent stand in an upright position. Drop the body of the tent and unfold it.
 3. Raise the tent by grabbing the handles located on each tent wall. Then properly pull out the tent walls. The first wall can be a bit tricky, to get more force in the pull, you can use one foot to stand on the skirt of the tent and then pull with more stability.
 4. Once the first wall is unfolded, repeat this procedure on the remaining tent walls.
 5. When all tent walls are raised, enter the tent to unfold the roof by pushing the roof upwards. If the tent lifts when you push up the roof, stand on the skirt of the tent to counterbalance the push upwards.
 6. Remove the window and chimney covers completely.
 7. Make sure the tent is at least 1 meter away from trees, bushes, clothes, rubbish and other items in the surrounding area.
 8. The stove must be placed on a flat and stable surface in the tent. Therefore, we recommend you to lift the stove in before anchoring the tent to ensure it can stand according to instructions.
 9. Anchor pins in the corners. Then tie the ropes and fasten them in the handles located on the tent walls.
 10. It is important that you ensure that each rope is tightly fastened. This can either be done by anchoring the ropes with pins in the ground or tying the ropes to nearby trees. This is especially important during strong winds to ensure that the tent walls do not collapse.
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MOUNTING OF STOVE

1. Make sure you have burnt off the stove before you use the stove for the first time (see page 2).
 2. Carry the stove into the tent. Fold out all four legs of the stove and ensure that it stands on a flat and stable surface.
 3. Place the stove straight under the chimney hole and assemble the parts for the chimney. Make sure that the part of the chimney that has an air vent is installed first, attached to the stove. Press the chimney down so that it sits firmly in the stove.
 4. It is important that the stove is on a flat and stable surface for maximum safety.
 5. Stack the sauna stones on the stove. Spread the stones out as much as possible and distribute them evenly, aiming for width rather than height to maximize heat transfer.
 6. Heat-protective fabric can be placed under the stove when using the sauna on a surface that you want to protect.
 7. Never use salt water on the stove to create steam as rust will appear.
 8. Never use liquid or gas such as lighter fluid when lighting the stove.
 9. If you have our small version, Näver, our recommendation is that the stove door faces the tent door, ensuring more space for benches. If you have our large version, Björk, our recommendation is that the stove door points to the middle of the tent, allowing benches on both sides of the stove.
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TAKE YOUR FIRST SAUNA

When you have assembled the tent and the stove according to the instructions, it is time to have your first sauna session.

Bring in benches

Carry your bench into the tent and place it along the tent wall. Make sure the bench is on a stable surface.

If you use your own seating, avoid benches or chairs with metal components on the seat cushion, since these will become very hot in the sauna.

Start the fire

Open the rectangular ventilation hole on the tent wall towards the side of the stove. Slide the air valve hatch open on the stove and on the chimney.

Light the fire in the stove. We recommend always using dry birch wood for maximum effect. If the stove turns red, that's fine, the stove can handle heat. But we recommend not burning to maximum on every occasion as this can shorten the life of the stove.

Regulate temperature

1. Add more wood to the fire for increased heat.
 2. Adjust the air valve on the stove door to increase or decrease the air flow in the stove. An open valve results in greater heat.
 3. Put on the window covers for increased effect.
 4. Open and close the tent door.
 5. Finally - Throw water on the stove and rocks for increased humidity and steam. Do not use salt water.
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DISMANTLE

When you have finished your sauna session, it is time to dismantle the sauna tent.

Stove:

1. Smother the fire by closing the stove's air vent and the chimney's air vent.
2. Let the fire die.
3. Use the gloves to remove the sauna stones.
4. When the stove has cooled down, disassemble the chimney.
5. Place the chimney parts in the body of the stove (the fireplace).
6. Lift out the stove from the sauna tent and fold in the legs.
7. Dry the stove and pack it down in the bag.

Tent:

1. Wipe off any dirt and moisture on the inside and outside of the tent.
 2. Put on window covers, chimney cover, close the door and close the ventilation hole.
 3. Loosen all tent pins and ropes.
 4. Press in the walls of the tent.
 5. Let the tent sink down, then firmly reach in and press down the roof.
 6. Lift one of the corners and unfold the tent placing all the metal washers facing the same way.
 7. Pack all the pins and loose parts in the bag.
 8. Pack the tent in the bag and close the zipper.
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CARE ADVICE

Caring for your sauna tent properly can help extend its life and preserve its quality. Follow the care tips below to ensure your tent remains durable and in good condition for a long time.

The tent

After using the tent a few times, double check that all bolts and nuts are tight. We recommend that you tighten these if you notice that they are not tight enough.

If you want to extend the life of your sauna tent, we also recommend that you take the tent down as often as possible. It is perfectly fine for the sauna tent to be up for a longer period, but then the life span of the tent can be affected. If you choose to set up the tent for a longer period, make sure that all the pins are anchored so that the tent is tightly secured during more windy conditions.

When is it important to dismantle the sauna tent?

- In case of heavy snowfall where the roof of the tent may collapse.
- In case of strong wind over 15 meters per second.
- Persistent rain that prevents the tent from properly drying can negatively affect the cotton insulation.

The stove

The same goes for the stove, move it to a dry space as often as possible to extend its life. If the stove is left outdoors for a longer period and exposed to moisture, rust can occur more quickly.

Some other tips to extend the life of your stove:

- Allow the stove to cool down naturally without throwing cold water to speed up the cooling process.
 - Avoid salt water! Salt water produces rust much faster.
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CARE ADVICE TENT

Cleaning

Before you start cleaning the tent, make sure it is completely dry.

Use a soft brush or a damp cloth to remove dirt and loose debris from the surface of the tent.

If necessary, you can use a mild soap to remove stubborn stains. Apply the soap with a sponge or soft brush and rinse thoroughly with clean water.

Avoid using strong chemicals, bleach or detergents that can damage the fabric.

Don't forget to also clean the zippers and the tent poles, especially if you've been by the sea as sand and salt can damage the metal parts and rust can occur.

Drying

After using your sauna tent, allow the tent to dry thoroughly before packing it up.

Dry the tent with a towel. Spread it out on a clean and dry surface, preferably in the shade. Make sure the tent is completely dry both inside and outside to avoid mold to form. Avoid drying the tent directly in strong sunlight for an extended period, as this can cause fading and affect the quality of the fabric over time.

If you need to pack the tent before it's dry, make sure to leave the tent bag open to provide better ventilation.

Storage

Before storing the sauna tent in the bag, make sure it is completely dry to avoid moisture and mold. If the tent is stored outside, make sure it is placed in a dry and well-ventilated place. Avoid storing the tent in a damp basement or near heat sources, as this can affect the quality of the fabric and cause mold.

Protection

When using the tent, make sure it is properly anchored at each corner and wall to avoid damage. If possible, avoid placing the tent in areas with sharp branches or rocky terrain, as this can damage the fabric.

Repair

If the tent is damaged, repair it as soon as possible to prevent further damage.

Smaller holes or broken seams can be repaired using a weatherproof repair tape.

During the lifetime of the sauna tent, you will probably need to repair the tent from time to time. If major damage occurs or if you are unsure how to repair the tent, contact us for advice and assistance.

CARE ADVICE STOVE

To extend the lifespan and preserve the performance of the stove, it is important that you take care of it properly. Here are some tips and advice to help you take care of your sauna stove.

Cleaning

After each use of the stove, let it cool down completely before you start cleaning it. Use a soft brush or sponge and a mild soap to clean the surface of the stove. Avoid harsh chemicals or abrasive cleaners that can damage the steel.

Rinse thoroughly with clean water to remove any soap residue, then wipe the stove dry with a clean cloth or towel. Remember to empty the ashes regularly.

Sweep the chimney

We recommend sweeping the chimney at regular intervals. The easiest way to do this is by using an oblong brush that cleans the inside of each chimney part. This should only be done when the chimney is cool.

Avoid overheating

Make sure that the ventilation openings in the sauna tent and the stove are free of obstructions to ensure optimal air circulation.

Protection and storage

When the stove is not in use, make sure it is completely dry before covering it or placing it in the stove carrying bag.

Moisture can cause rust and corrosion on the steel.

Store the stove in a dry and well-ventilated place when not in use for an extended period of time. Regularly check the sauna chimney and ashtray to ensure they are free of blockages and in good condition.

SAFETY

Never leave a fire or hot appliance unattended.

Never use liquid or gas such as lighter fluid when lighting the stove.

Make sure no one leans on the tent from the outside during use. This is because the pressure from the outside can lead to the stove tipping over and injuring people inside the sauna tent. Alternatively, the tent fabric that comes into contact with the unit can risk melting.

Allways anchor the tent with pins and ropes. Especially important during strong wind.

Avoid closing the door completely with the zipper when using the sauna.

Hydrate. Drink plenty of water before, during and after the sauna to prevent dehydration.

Observe the maximum capacity of our sauna tent at all times. Overcrowding increases the risk that people gets burned or the tent or stove is damaged.

Be careful when throwing water, the steam will be very hot.

Use common sense and follow the guidelines in this manual.

You can find more information about our sauna tents on our website bastauna.com.



bastsauna.com



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